

MANTRAS FOR MANIFESTATION CONCERT WORKSHOP WITH STEVE GOLD

Everything is vibration – our thoughts, our body, our emotions, the worlds seen and unseen. We all have the power within us to shift our experience by consciously determining the frequency of our own vibration. Mantras, literally instruments of thought, are vibrations realized in sound that can help us recreate our inner world, re-connect with our divine nature and align with our soul's deepest desires. Everyone has a heart's desire that is yearning to be expressed in the world. During this workshop, we will learn how we can explore the use of mantra and music as tools for manifesting these desires. The goal of this workshop is to feel inspiration, encouragement, positivity and contentment through music and your own thoughts and vibrations.

The event is being held from 7:00 PM – 10:30 PM Saturday, August 4th

at the Sylvania Country Club at 5201 Corey Road, Sylvania, OH, 43560, (419) 882-2082

Tickets \$60 a ticket for one person \$50 a ticket for two or more people.

Sponsorship packages available. \$250 for 5 tickets \$500 for 10 tickets

All sponsors will be recognized at concert for their generous contributions.

Please contact Sharon Kripke at 419-537-6660 (Home) or 419-345-3964 (Mobile)

or Meg Milano at 419-340-0362

Payments Accepted: Checks, Credit Cards (Contact Meg Milano)

Includes:

One hour and a half concert performance by Steve Gold.

One hour and half workshop by Steve Gold.

Healthy Food will be provided.

The event is being held in honor of the beloved memory of Norma Conn Cohen who passed from endometrial cancer and in the honor of Mary Rusnak, a two-year survivor from ovarian cancer.

ALL proceeds benefit the patients going through cancer treatment by providing a nurturing spa day at

It's My Turn Fitness and Wellness Center.



in memory of
Norma Conn Cohen

in honor of
Mary Catherine Rusnak



Fitness & Wellness Spa

Meg Milano, Owner and Director

419-340-0362

meg@itsmyturnfitness.com

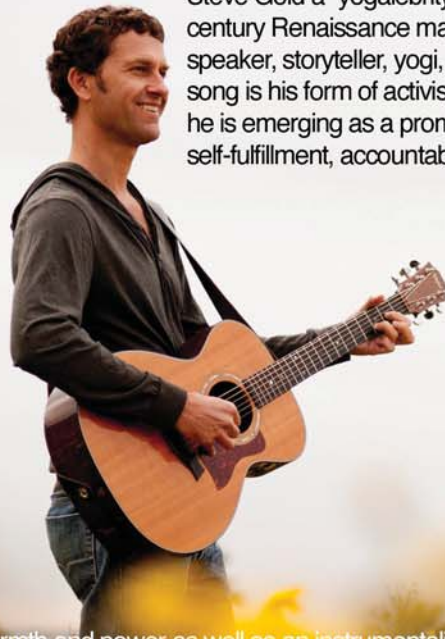
www.itsmyturnfitness.com

4750 St. Anthony Road

Temperance, MI 48182

ABOUT THE ARTIST PERFORMING, STEVE GOLD

Steve Gold is a man of purpose. If you ask him, he will tell you: "My mission is to build community through group singing. Community is the new currency." Some have called Steve Gold a "yogalebrity," a rock star in the yoga music world. In truth, Gold is a 21st-century Renaissance man, one who excels as singer, songwriter, teacher, motivational speaker, storyteller, yogi, entrepreneur, and activist. Yes, bringing people together in song is his form of activism. Living from the heart, and inspiring others to do the same, he is emerging as a prominent singer of positive music in support of compassion, self-fulfillment, accountability and the environment.



Steve Gold, a soulful vocalist of warmth and power as well as an instrumentalist. You'll see him appear with his French wife on any given stage. Indeed, Steve and Anne-Émilie Gold met singing and have been traveling the world since then. She, a vocalist with operatic training, adds lifting angelic harmonies to the mix. Since music is a universal language, for Steve Gold, therein lies a key to oneness, connection, and sustained optimism. With his newest album, "Let Your Heart Be Known," Steve Gold stands at the crossroads of cultures, while digging deep into his musical roots. From this powerful place, Gold shows that community can be built through expanding beyond the illusory boundaries of music genres.